

The Five Elements

Quick Reference

Element	Direction	Color	Common Magical Tools	Core Qualities	One-Word Affirmation
 Earth	North 	Green, Brown 	• Crystals • Stones • Salt • Plants & Herbs • Candles • Pentacles	Stability Grounding Abundance Physical Realm Patience	<i>I am Grounded.</i> 
 Air	East 	Yellow, Sky Blue 	• Incense • Feathers • Bells • Wands • Airy Herbs • Smoke	Intellect Communication Inspiration Clarity Freedom	<i>I am Open.</i> 
 Fire	South 	Red, Orange, Gold 	• Candles • Athames • Fire • Oils • Garnet • Cinnamon	Passion Energy Transformation Courage Action	<i>I am Powerful.</i> 
 Water	West 	Blue, Silver 	• Chalice • Bowls • Seashells • Water • Moonstone • Essential Oils	Emotions Intuition Healing Dreams Flow	<i>I am Fluid.</i> 
 Spirit	Center 	White, Purple, Gold 	• Altar • Cauldron • Crystals • Incense • Sacred Symbols • Prayer	Connection Higher Self Wisdom Divine Guidance Unity	<i>I am Connected.</i> 