

1. PURPOSE OF MY RITUAL



DATE



MOON PHASE (OPTIONAL)



INTENTION



LOCATION

MORE ABOUT MY INTENTION

What is the purpose of this ritual?

What am I hoping to create, invite in, release, or transform?





MY PERSONAL ELEMENTAL RITUAL

RITUAL PLANNER

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2. THE FIVE ELEMENTS

Reflect on the energy of each element and what it means to you.



EARTH SYMBOLIZES...



AIR SYMBOLIZES...



FIRE SYMBOLIZES...



WATER SYMBOLIZES...



SPIRIT REMINDS ME...



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3. MY RITUAL SCRIPT

*Use these prompts as inspiration to write your own words.
Speak from your heart. There is no right or wrong way.*



OPENING & SACRED SPACE

How will I begin my ritual? What words will I use to open my sacred space?



WORDS OF WELCOME

How will I welcome the elements and any guides, deities, or energies I invite?



STATEMENT OF INTENTION

What is my intention for this ritual? What do I wish to create, invite, release, or transform?



WORKING MY RITUAL

What will I do or visualize? What actions, symbols, or tools will I use?



WORDS OF GRATITUDE

How will I thank the elements and any energies I called upon?



CLOSING & RELEASE

How will I close my ritual and release the energy back into the world?

FINAL THOUGHTS

Is there anything else I want to add or remember for next time?



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4. RITUAL REFLECTION

*Take time to reflect on your ritual experience.
Honoring your insights helps your magic grow.*



1. WHAT FELT MEANINGFUL?



2. WHAT SURPRISED ME?



3. WHAT WOULD I DO DIFFERENTLY NEXT TIME?



4. WHAT DID I LEARN FROM THE ELEMENTS?

*Every ritual is a step on your path.
May the wisdom of the elements guide and inspire you.*

