



EARTH

CORRESPONDENCE & PRACTICE PAGE



DIRECTION:
North



COLOR:
Green, Brown



SEASON:
Winter
*(Time of stillness, grounding,
and inner renewal.)*



TIME OF DAY:
Midnight

COMMON SYMBOLS



ASSOCIATED CRYSTALS



Hematite • Green Aventurine • Smoky Quartz
Black Tourmaline • Jasper • Clear Quartz

HERBS

Nettle • Dandelion Root • Comfrey • Patchouli
Rosemary • Thyme • Sage • Clover

TREES

Oak • Pine • Cedar • Yew • Birch • Willow

INCENSE

Pine • Cedar • Patchouli • Frankincense
Sandalwood • Myrrh • Vetiver

MAGICAL USES

- Protection and stability
- Grounding and centering
- Manifestation and abundance
- Physical healing and strength
- Home and land blessings
- Building a solid foundation for goals

AFFIRMATION

*I stand firmly rooted,
supported by the steady
strength of the Earth.*



MY OBSERVATIONS



FAVORITE PLACES IN NATURE



MEANINGFUL STONES OR PLANTS I'VE COLLECTED



MY PERSONAL EXPERIENCES WORKING WITH EARTH

