



*Every beginning
starts as something
unseen.*



The seed I want to plant is...



Why does this matter to me?



What is underneath this desire?

*What am I really seeking—security, love, confidence, peace, freedom,
creativity, connection, healing, something else?*



MY NEW MOON INTENTION
I intend to...



One word that represents this intention: _____



PLANT → NURTURE → ACT



★ 1 NEW MOON — PLANT ★

My intention:

What am I beginning?



★ 2 WAXING CRESCENT — NURTURE ★

I will help this grow by:

What small action will feed my intention?



★ 3 FIRST QUARTER — ACT ★

The action I will take:

What will I do when this requires courage or commitment?

Magic gives intention direction.

Action gives intention a path.

NEW MOON TO FIRST QUARTER *Magic*

NEW MOON — BEGIN —



BEST FOR:

- ★ New beginnings
- ★ Intentions
- ★ Fresh starts
- ★ Planning
- ★ Renewal
- ★ Opening possibilities

ASK:

*What do I want
to begin?*

WAXING CRESCENT — GROW —



BEST FOR:

- ★ Growth
- ★ Attraction
- ★ Hope
- ★ Motivation
- ★ Opportunities
- ★ Strengthening intentions

ASK:

*What will help
this grow?*

FIRST QUARTER — ACT —



BEST FOR:

- ★ Courage
- ★ Commitment
- ★ Decisions
- ★ Overcoming obstacles
- ★ Motivation
- ★ Taking action

ASK:

*What do I need
to do next?*

INTENTION



NURTURE



ACTION



What's Standing in My Way?

Something I want to create or change:

The action I already know I need to take:

What has stopped me from taking it?

- ☐ Fear
- ☐ Uncertainty
- ☐ Procrastination
- ☐ Lack of confidence
- ☐ Perfectionism
- ☐ Lack of time
- ☐ Lack of resources
- ☐ Fear of failure
- ☐ Fear of success
- ☐ Other: _____

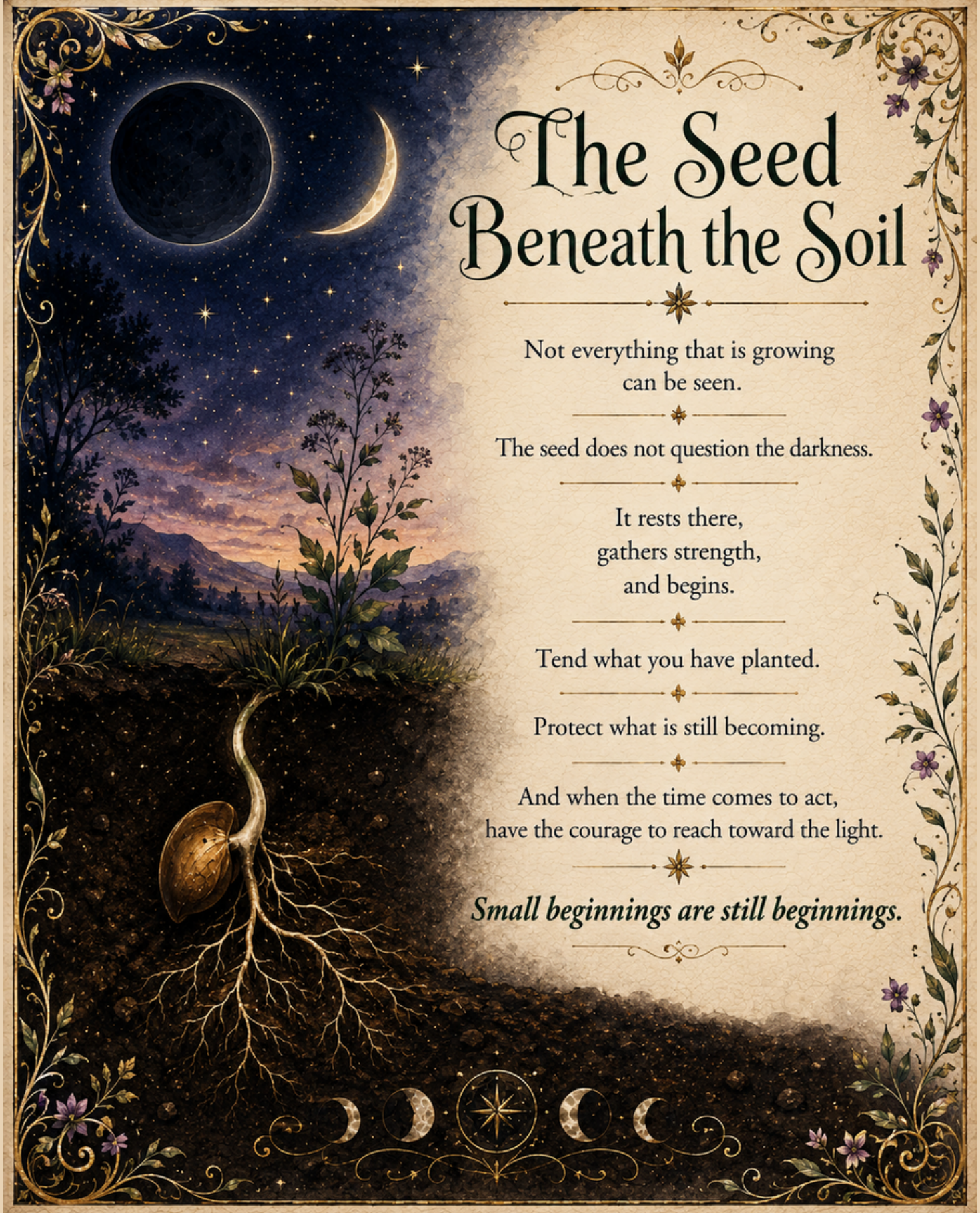
What am I afraid might happen?

What might happen if I never take the action?

What is the smallest next step I could take?

MY FIRST QUARTER PROMISE

Before the Moon reaches Full, I will:



The Seed Beneath the Soil

Not everything that is growing
can be seen.

The seed does not question the darkness.

It rests there,
gathers strength,
and begins.

Tend what you have planted.

Protect what is still becoming.

And when the time comes to act,
have the courage to reach toward the light.

Small beginnings are still beginnings.